

ABSTRACT

The golf training aid 10 comprises shoulder position indicator means comprising an indicator arm 12 in the form 5 of an elongate projecting arm. The indicator arm is secured on and projects outwardly and forwardly from a support member in the form of a shoulder pad. The shoulder position indicator means comprises indicator members in the form of brightly coloured spheres 20, 21 10 which increase the visual awareness with regard to the position of the indicator arm during the execution of the golf swing and especially during the takeaway in the back swing. Accordingly, the golf training aid enables either 15 the golfer or a golf teacher to obtain feedback in relation to the position of the shoulders during the golf swing.

[Fig. 2]